

TEAM TALK

Redcar & Eston School Sport Partnership CIC Newsletter



Welcome

Welcome to our Spring Term 1 Newsletter. I hope the break enabled you to spend quality time with your families and friends, to reflect on the last term and to recharge for this exciting term ahead.

We have started the year with a busy half term with active travel training, festivals, competitions, meetings, training, planning for events and writing funding bids. We hope the articles in the newsletter give you a flavour of what we have been doing and what is coming up.

Over this half term we have worked hard to encourage every school to book onto the Early Years Screening qualification and have helped to plan the up and coming Tees Valley Early Years Conference for physical development. We are excited that all of our schools are engaged with this and we hope to see the benefits of this development work in years to come.

As always if there is something you need that would support your school in promoting physical activity then please get in touch.

Thank you for your continued support.
RESSP team.

www.ressp.co.uk

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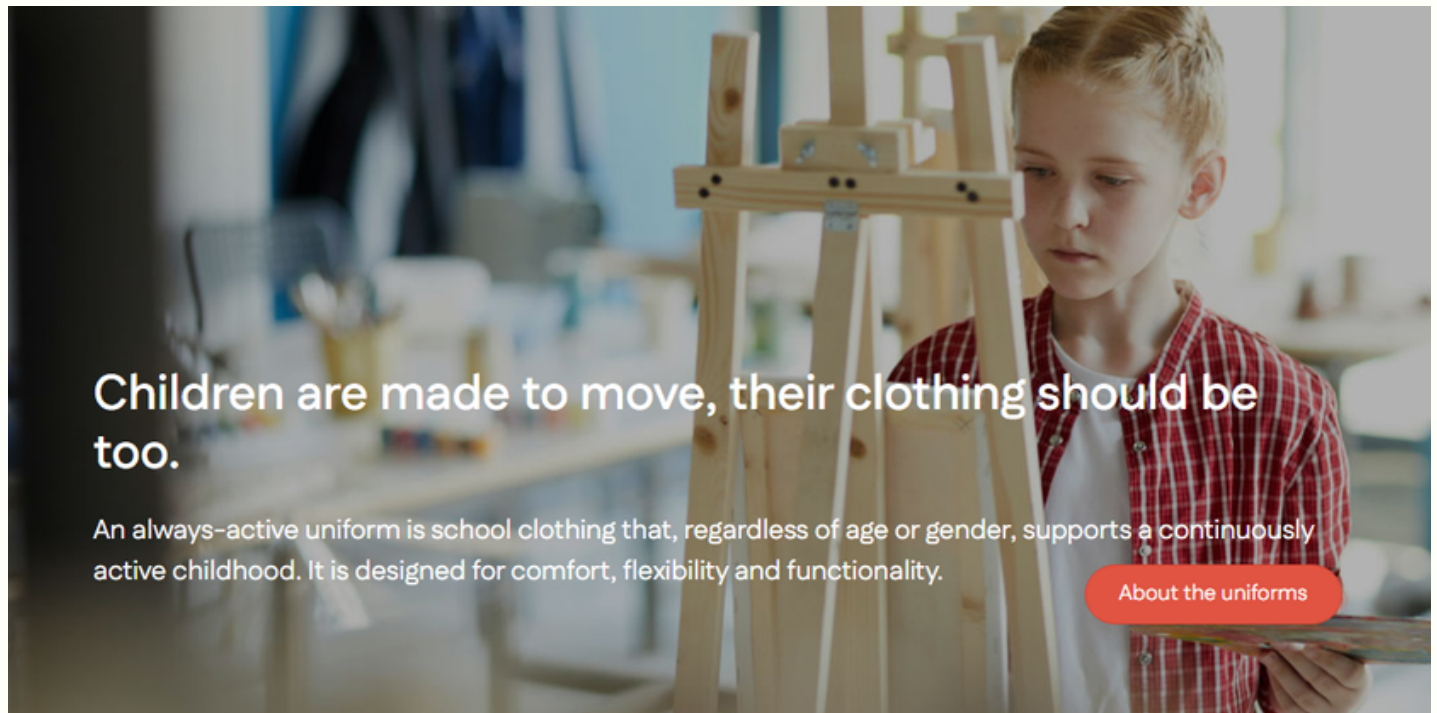
**EARLY YEARS
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Active Uniforms



Children are made to move, their clothing should be too.

An always-active uniform is school clothing that, regardless of age or gender, supports a continuously active childhood. It is designed for comfort, flexibility and functionality.

[About the uniforms](#)

A number of schools across the country are starting to change their official uniform to one that enables children and young people to be active. The new campaign has seen some fantastic results nationally and locally.

Think about what you wear to go to work and how you would feel about playing some games or a game of football at your break time. Are your clothes and footwear conducive to being active? Now think about our customers - Children! We want them to feel comfortable and we want them to move more. <https://activeuniform.org/>

Take the always active uniform test

An always active uniform is clothing which maximises children's capacity and willingness to be as active as possible for as much time as possible. Do you believe you have an activity-friendly uniform?

Take our test and discover if you should consider making changes to make it a more active uniform!

If you answer yes to any question you may want to consider a more active uniform.

1. Does your uniform have white or very light colour materials which children or parents will worry about getting dirty?
2. Does your uniform prioritise smartness over comfort?
3. Could your uniform make girls feel more self-conscious about being upside down, rolling, climbing or jumping?
4. Do the shoes your girls wear lack good support, good grip on the sole and strong straps?
5. Does your uniform change the behaviour of your children so they are less active than they could be?

RESSP EVENTS



Spring Term Calendar

Thank you to everyone that has sent over their Spring Term Booking form - many afternoon sessions of upcoming events are now reaching capacity so if you have not yet sent through your bookings, please share these with us as soon as you can. As always you can access all event posters and risk assessments via the live calendar [here](#). If you have any questions on any events please contact: competitions@ressp.co.uk

SEND Events

New to the calendar this year, we are working with Tees Valley Sport and Smile Through Sport to provide more SEND-specific and fully inclusive opportunities, competitions and festivals. Please find details below of our upcoming spring term SEND events:

Soccability Football Festival

Date: Tuesday 31st March

Venue: MFC Herlingshaw, Eston

Time: 10:00 - 11:45am

This is a fun festival, providing SEND pupils the opportunity to take part in football-specific activities developing their skills and knowledge of the game, before playing some friendly fixtures against other schools of similar abilities.

If you wish to attend please email us at competitions@ressp.co.uk.

SEND Primary Panathlon

Date: Tuesday 17th February

Venue: Redcar Leisure Centre

Time: 9:45am Arrival, 10:00am Start, 11:30am Finish

This event is a fun competition for SEND pupils who may not get the opportunity to attend one of our mainstream events/competitions. Smile Through Sport deliver the competition and there are medals and trophies up for grabs!

The inclusive activities will include a selection of these featured in this [Youtube Video](#).

Please email us at competitions@ressp.co.uk by Friday 13th February to book your place.

HEAD TEACHER BREAKFAST BRIEFING

This is just a **reminder** that the Head Teachers Briefing is next week: Tuesday 27th.

The Sports Partnership along with their key partners realise that most of their communication is with your PE Subject Leaders and most decision making in school sits within the Senior Leadership Teams in your school. We have therefore decided to hold a Head Teacher breakfast meeting to cover the new Active Schools Framework and other key headlines relevant to your schools. Details have already been sent out to Head Teachers. If you haven't booked a place for your school then please use the [booking link](#).



BOOKINGS OPEN

TEES VALLEY ACTIVE SCHOOLS
BREAKFAST
HEADTEACHER BRIEFING

We will also cover any National updates relevant to schools

Over the last three years we have piloted a whole school framework to embed physical activity into a school day. Many schools across Tees Valley have seen a massive impact on their children, including: Attainment, Behaviour, Concentration, Enjoyment and Engagement. We would now like to open the invitation to more schools to take part. This is absolutely **FREE** to be involved and attend the briefing. Come along and find out more.

27 | **JANUARY 2026**
Riverside Stadium
Middlesbrough
8am - 9:30am

FREE Bookings can be made via:
[Booking Form](#)

Date: 27th January 2026

Time: 8am - 9:30am

Venue: Riverside Stadium, Middlesbrough

Cost: FREE



Learn 2 Ride Sessions

We are currently offering schools a FREE Learn2Ride day for children in KS2 who cannot ride a bike. We have more free places available. Once these are gone then we will go back to our normal charge of £200/day.

We have been into the following schools over the last two weeks: Ings Farm, Dormanstown, Normanby and Teesville. Collectively the active travel team have succeeded in getting 32 children who could not ride a cycle to ride independently! Helping and developing children's motor skills such as, balance, coordination, strength, and endurance. It also helps with an active start to the school day, getting pupils energised and less lethargic, improving classroom performance and concentration.

Quotes from Normanby school:

'The children have loved the bike sessions, thank you. One child said, 'It was the best day ever!'

'Yasmin's Mam spoke to me at the end of the day today and asked me to pass on her thanks to you! She said Yasmin has never stopped talking about Bikeability and absolutely loved it.'

EARLY YEARS MOTOR SCREENING

This academic year we have worked with 11 schools so far to undertake the Early Years Motor Screening.

355 children have been assessed using the 15 diagnostic tests to see how well they can move. Just over 50% of the children tested fall into category C, the most able category. However, there is only a very small percentage of children who are **motor competent** and can securely do all 15 exercises.

Schools have been sent their results along with the recommended interventions so that they can work with these children to help develop their motor skills.

If your school hasn't undertaken the screening yet please get in touch.



Association for
PHYSICAL EDUCATION

EARLY YEARS MOTOR SCREENING

Accredited Course

Association for
PHYSICAL EDUCATION

Discover the Need:

APPE's course* stems from the recognition that some children enter school facing motor competency challenges. Whether it's a lack of exposure to physical activity, excessive screen time, or posture issues from extended periods in prams or car seats, we've identified the key contributors.

Prescriptive Interventions:

Following the screening, children receive targeted interventions within the school environment. This not only improves their movement skills but also positively influences self-perception and confidence, fostering greater engagement in physical activities and education.

Why Screen for Movement?

We screen for phonics and numeracy, but what about a child's ability to move effectively? Physical development is a crucial aspect, and our programme bridges this gap.

Timely Intervention

The NHS waiting list for therapy services can be an agonising four years. We believe this is unacceptable. Our vision is to implement nationwide motor competency screening in schools, providing a diagnostic tool for early identification and intervention.

What does this course qualify me to do?

This course qualifies you to accurately assess children's motor competency using a baseline assessment tool. Furthermore, it enables you to run interventions for children to help them improve their motor competency and to help them suppress primitive reflexes which will improve coordination, balance, proprioception, agility. This will enable children to take part with greater confidence in physical education lessons and physical activity. Interventions take place within school - short 15 minute sessions throughout the week.

DETAILS:

- Mon 2nd March 2026
- Grangetown United Community Hub
- TS6 7PY
- 1-3pm
- Practical Course
- £250/person
- Post Course Task - Watch a 1hr Video

REGISTER NOW!

email: claire.tennynson@ressp.co.uk

From September 2026 we will no longer be able to come into school to do your screening, so it is vital that if you want to continue, you get someone qualified. We have managed to secure £100 discount off the national course and get the course hosted locally. Please take the opportunity and get a member of staff booked on.

EARLY YEARS PARENT ENGAGEMENT SESSIONS

We have piloted a couple of Early Years parental engagement sessions with Teesville Primary. They already run regular 'parent cafes' for parents to come into school to work alongside their child. We delivered a couple of Early Years Motor Screening sessions for them. Instead of us assessing the children, the parents did through our guidance. Hopefully highlighting to parents what level their child was at so they would be encouraged to do more at home. It also gave us the opportunity to 'sell' the importance of physical activity.

If you have any ideas to do something similar or something with a different age group then please get in touch and we can design something to suit your needs.

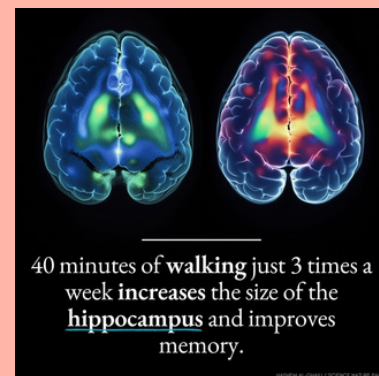


Staff Training

One of the best ways to make improvements in PE, school sport or daily physical activity in your school is to ensure staff are confident and competent.

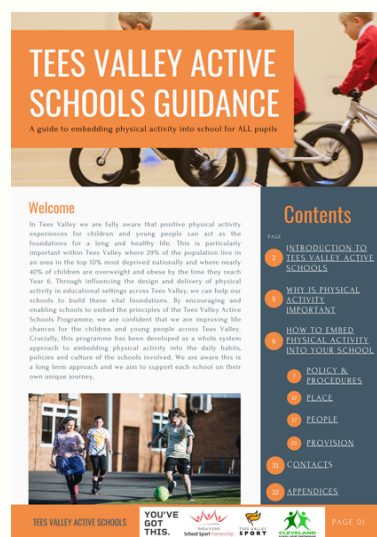
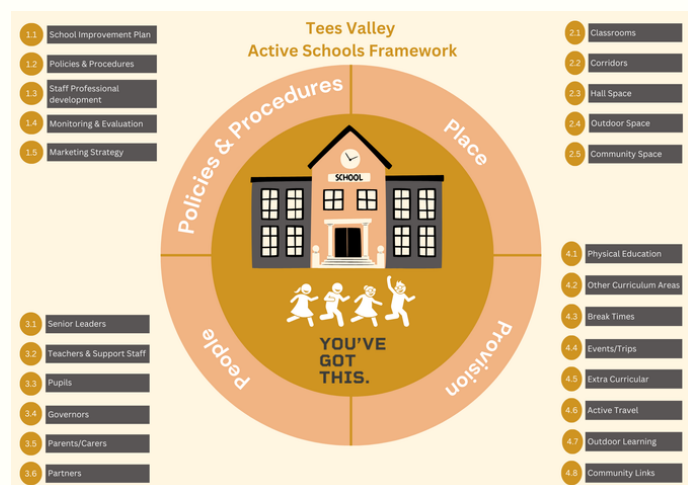
We offer a wide range of central staff training heavily discounted for staff. We can also come to deliver whole staff training or one to one training in your school as part of our service level agreement with you.

You tell us your requirements and we will plan and deliver to your needs.



Tees Valley Active School Framework

Any schools that would like to use the Tees Valley Active School Framework to help as a tool for embedding physical activity into your school then please do get in touch. Access to the framework and our support is FREE. We will be going through the framework at the Head Teacher Briefing next week. If for any reason you cannot make it then please get in touch and we can pop over to go through it with you.



Balance Festival Fun



Balance Bike fun!



Obstacle Challenge



Developing Core



Fun movements



Look at them go!