

TEAM TALK

Redcar & Eston School Sport Partnership CIC Newsletter

active kids learn better

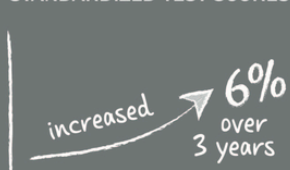
physical activity at school is a win-win for students and teachers



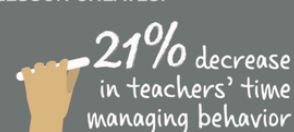
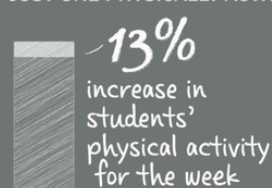
GRADES:



STANDARDIZED TEST SCORES:



JUST ONE PHYSICALLY ACTIVE LESSON CREATES:



physically active kids have more active brains



Welcome

Welcome back to yet another academic year! Doesn't time fly when you are having fun in the sun?

We have our events and CPD calendars already published. We are meeting every PE Subject Leader individually to understand their plans too.

Over the last 20 academic years our aim is to increase quality and extend the breadth of opportunities for children to be active. In partnership with you as schools we have been very successful. This year we really want to understand the children that still think physical activity is not for them and understand the barriers they face. We want to work with them and you to create some solutions. Please help us to help your children to be healthy. We are aiming to create even more positive experiences for every child.

Being physically active is really important in our sedentary society and lives and we would welcome any ideas what we can start doing to help inspire more children to embed physical activity into their life.

Thank you for your continued support.
RESSP team.

www.ressp.co.uk

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FUNKY MONKEY ADVENTURES

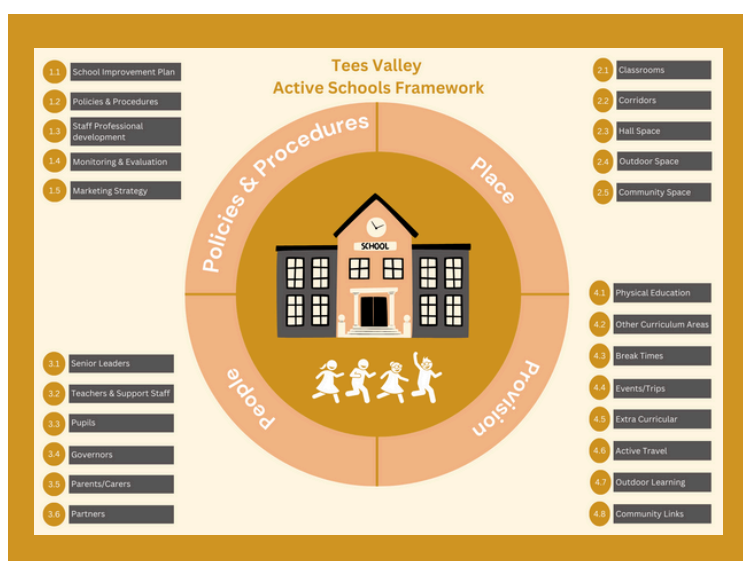
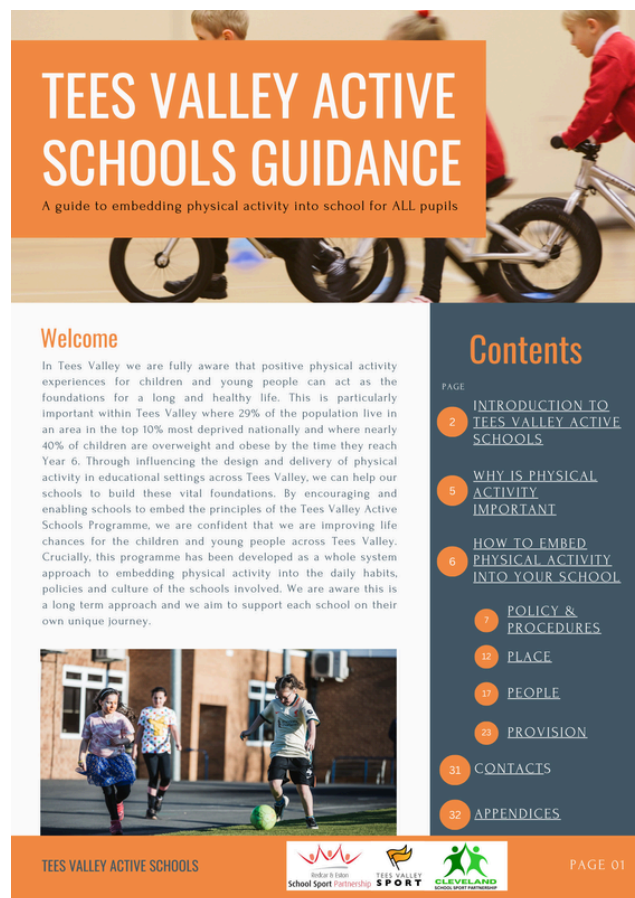
SCHOOL GAMES MARK

STAFF PE TRAINING

ACTIVE TRAVEL

Tees Valley Active Schools Framework

In Tees Valley we are fully aware that positive physical activity experiences for children and young people can act as the foundations for a long and healthy life. This is particularly important within Tees Valley where 29% of the population live in an area in the top 10% most deprived nationally and where nearly 40% of children are overweight and obese by the time they reach Year 6. Through influencing the design and delivery of physical activity in educational settings across Tees Valley, we can help our schools to build these vital foundations. By encouraging and enabling schools to embed the principles of the Tees Valley Active Schools Programme, we are confident that we are improving life chances for the children and young people across Tees Valley. Crucially, this programme has been developed as a whole system approach to embedding physical activity into the daily habits, policies and culture of the schools involved. We are aware this is a long term approach and we aim to support each school on their own unique journey.



After our three year pilot with schools across South Tees we are now offering the resource and support to our partnership schools for FREE! If you would like to be part of this to help get your school more active then let us know.

View the impact report [here](#).



EVENTS

It's good to be back! Huge thank you to everybody who attended our first events of 2025/26 - 85% of our primary schools attended our Cross Country or Invasion Multi-Sport Festival last week, which is a great turnout and hopefully the start of a successful and engaging 2025/26!

Massive well done to all of your runners who took part in either the competitive cross-country races or the fun run and showed great determination (our Spirit of the Games Value for this half term) in completing the courses and giving it their all! We're looking forward to seeing how our Redcar & Eston qualifiers get on at the Tees Valley Final at Stewart Park in October!

Calendar & Booking Form

We hope you're all finding the new calendar with the event posters and risk assessments attached easier to use! We're aware we've had a few problems, and we have had some feedback that not everyone has been able to open it via the PDF, so please find a LIVE calendar that you can access [HERE](#). All updates will show here automatically so it will always be up to date, and you can access this at any time. We will still send out termly / half termly calendars via email in PDF form though. From your feedback we have also updated the booking form to include the venue, to hopefully make your lives easier when having to book buses etc. as all of the event information is now in one place.

If anybody does want to share any further feedback regarding the calendar / event posters or booking forms and process, then please do get in touch at: competitions@ressp.co.uk

AUTUMN TERM 1 OCTOBER 2025					RESSP EVENTS CALENDAR 2025/26				
MON	TUE	WED	THU	FRI	School Sport Partnership				
29	30	01 Y2&4 GIRLS T1 RUGBY COMPETITION @ Redcar Rugby Club 10:00 - 14:00	02 Y5&6 BOYS T1 RUGBY COMPETITION @ Redcar Rugby Club 10:00 - 14:00	03	SSP COMPETITION These events provide those children who have the experience, the skills and confidence the opportunity to compete.				
04	07	08 TEES VALLEY CROSS COUNTRY FINAL @ Stewart Park 13:00 - 14:00	09 YEAR 5 & 6 SPORTS LEADER TRAINING @ Eston Leisure Centre AM or PM Sessions	10	SSP SKILLS FEST These events focus on building confidence through further development of skills and the opportunity to put skills into practice.				
13	14	15 Y2&4 ORIENTEERING SCAVENGER HUNT @ Redcar Rugby Club Allocated Start Times	16 Y1&2 FUNDAMENTAL SKILLS FESTIVAL @ Redcar College AM or PM Sessions	17	SSP FUN FESTIVAL These events provide an introduction to develop core skills, focusing on engaging children within a fun, non-pressured environment.				
20	21 TEES VALLEY T1 RUGBY FINALS (BOYS & GIRLS) @ Middlesbrough Sports Village 9:30 - 14:30	22	23 YEAR 4 PLAYGROUND ACTIVE LEADER TRAINING @ Eston Leisure Centre AM or PM Sessions	24	TEES VALLEY FINALS These events follow our pathway competitions.				
27	28	29	30	31	OTHER / PARTNER EVENTS "Save the dates" for other events / popular partner events / other key dates.				
					HALF TERM				

AUTUMN TERM 2 NOVEMBER 2025					RESSP EVENTS CALENDAR 2025/26				
MON	TUE	WED	THU	FRI	School Sport Partnership				
03	04	05 DODGEBALL FESTIVAL (Year 5 & 6) @ Eston Leisure Centre AM or PM Sessions	06 DANCE FESTIVAL (Year 1 & 2) @ Eston Leisure Centre AM or PM Sessions	07 STAFF CPD Create & Dance See CPD Calendar for more details	SSP COMPETITION These events provide those children who have the experience, the skills and confidence the opportunity to compete.				
10	11 THIS BOY CAN FESTIVAL (Year 5 & 6) @ Eston Leisure Centre AM or PM Sessions	12 THIS GIRL CAN FESTIVAL (Year 5 & 6) @ Eston Leisure Centre AM or PM Sessions	13	14	SSP SKILLS FEST These events focus on building confidence through further development of skills and the opportunity to put skills into practice.				
17	18 PRIMARY SEND PANATHLON @ Redcar College 10:00 - 11:30	19	20	21	SSP FUN FESTIVAL These events provide an introduction to develop core skills, focusing on engaging children within a fun, non-pressured environment.				
24	25	26	27 Y5&6 SPORTSHALL ATHLETICS COMPETITION @ Eston Leisure Centre 10:00 - 14:00	28	TEES VALLEY FINALS These events follow our pathway competitions.				
01	02	03	04	05	OTHER / PARTNER EVENTS "Save the dates" for other events / popular partner events / other key dates.				



Little Sticks - Golf



Majesticks GC has partnered with Complete PE to design a 'Striking and Aiming' scheme of work to sit on the Complete PE platform. This will allow Little Sticks to extend from an extra-curricular programme into the PE curriculum through a comprehensive scheme of work.

Partner Schools will receive:

- Little Sticks equipment package
- Little Sticks resources; scheme of work; educators manual and young people learner guides
- Little Sticks training session to upskill staff to implement
- Ongoing support and development for staff

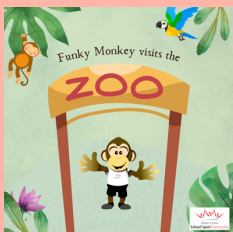
In return, they ask that:

- Schools embed the programme within curriculum PE and an extra-curricular club
- Complete the necessary monitoring and evaluation
- Provide feedback where necessary to improve the programme

The deadline for schools wanting to be part of this FREE offer is Tuesday 30th September 2025. Please email: claire.tennyson@ressp.co.uk



Funky Monkey Adventures

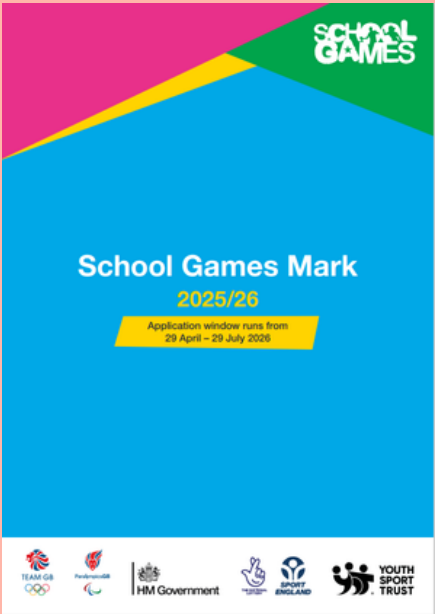


For those schools that are willing to share the impact of the Early Years Physical Activity Screening Programme, we have developed some activities for you to motivate and engage your little ones. These books will be given out at the first PE Subject Leader Meeting once we have received feedback. The books are designed to link a story to fundamental movement skills. The development of these skills is essential to help children become confident and competent movers, but also help them to disengage their primitive reflexes to help them develop as a child and be more successful learners.

School Games Mark

School Games Mark final results are in for the academic year of 2024-25:

- Bankfields Primary - Gold
- Caedmon Primary - Platinum
- Coatham Primary - Platinum
- Grangetown Primary - Gold
- Ings Farm Primary - Platinum
- John Emmerson Batty Primary - Gold
- Kirkleatham Hall - Gold
- Lakes Primary - Gold
- Newcomen Primary - Gold
- Normanby Primary - Platinum
- Outwood Academy Redcar - Gold
- Rye Hill Academy - Silver
- South Bank Primary - Gold
- Teesville Primary - Gold
- Whale Hill Primary - Gold
- Wheatlands Primary - Gold
- Zetland Primary - Platinum



The national guidance is out now for 2025-26 and we will share this with PE Subject Leaders at our first meeting.

Staff PE Training

We have delayed our first PE Subject Leader meeting until Monday 13th October as we are spending September meeting every school PE Subject Leader on a one to one basis. We are discussing each school's plans for 2025-26 for PE, school sport and physical activity. Planning the development areas needed for the schools, the support they need from us and discussing actions for the PE Premium Action Plan.

In these meetings we are discussing the staff training needs for the whole school, individual teachers and the PE Subject Leader. Make sure you book in what your school needs.

In addition to the bespoke training for your school, we have central training available to your staff.

PE CPD Calendar					
Date	Title	Aims	Time	Venue	Cost
11.09.25	T1 Rugby Course	T1 has replaced Tag Rugby. Come along and find out the new rules and how to develop your pupil's skills.	4-5pm	Ings Farm Primary	FREE
25.09.25	New PE Subject Leader Course	This course is aimed at new Primary PE subject leaders.	9:30am - 3pm	TBC	Free to RESSP schools and £50 to others
09.10.25	ECT PE Training	Aimed at ECTs that are delivering Primary PE and that have not already attended this course.	9:30am - 3:00pm	TBC	Free to RESSP schools and £90 to others
13.10.25	PE Subject Leader Meeting	CPD & Sharing good practice meeting for RESSP Primary PE Subject leaders ONLY.	1-3pm	Inspire 2 learn, Eton	Free to RESSP schools ONLY
07.11.25	Create & Dance	Royal Opera House, home of the Royal Ballet are delivering this inclusive approach to leading dance and storytelling that helps pupils develop creative collaboration, physical learning, spatial awareness and general health and well-being.	9-3pm	TBC	FREE
02.12.25	PE Subject Leader Meeting	CPD & Sharing good practice meeting for RESSP Primary PE Subject leaders ONLY.	1-3pm	Inspire 2 learn, Eton	Free to RESSP schools ONLY
11.12.25	PE Deep Dive	This course will help you prepare for an Ofsted Deep Dive into PE. This is for SLT & PE Subject Leaders.	4-5pm	Inspire 2 learn, Eton	Free to RESSP schools and £40 to others

PE CPD Calendar					
Date	Title	Aims	Time	Venue	Cost
14.01.26	Early Years Motor Screening	This session will outline what the screening is and how we carry it out. Look at the interventions and our Story Books.	4-5:30pm	TBC	FREE to RESSP Schools ONLY
TBC	Tees Valley EYFS Conference	This is the annual Early Years Conference. Bookings will open in November 2025.	4-7pm	Riverside Stadium	TBC
09.02.26	PE Subject Leader Meeting	CPD & Sharing good practice meeting for RESSP Primary PE Subject leaders ONLY.	1-3pm	Inspire 2 learn, Eton	Free to RESSP schools ONLY
13.02.26	NFL Flag Football Course	Learn the rules of NFL Flag football.	9:30-3pm	Redcar College	FREE (£50 cancellation charge)
01.04.26	PE Subject Leader Meeting	CPD & Sharing good practice meeting for RESSP Primary PE Subject leaders ONLY.	1-3pm	Inspire 2 learn, Eton	Free to RESSP schools ONLY
09.06.26	PE Subject Leader Meeting & AGM	CPD & Sharing good practice meeting for RESSP Primary PE Subject leaders ONLY. This one includes a short AGM at the start.	1-4pm	Inspire 2 learn, Eton	Free to RESSP schools ONLY
09.06.26	SGM Application Support Workshop	Bring along your Laptop and we will support you to apply for SGM all together in one room	4pm start following PE meeting	Inspire 2 learn, Eton	Free to RESSP schools ONLY
22.06.26	Curriculum Planning Course	This course will go through basic principles of planning a PE curriculum and give you supporting resources.	4-5:30pm	Inspire 2 learn, Eton	Free to RESSP schools and £50 to others

To book a place email: info@ressp.co.uk

Active Travel

Most schools have booked in the Active Travel training they want for this academic year. This is just a reminder the following is on offer:

- Balance Bike Training (Small additional charge)
- Learn To Ride (Small additional charge)
- Road Safety Training (Small additional charge)
- Bikeability Training (FREE if your school uses the digital consent tool)

We understand the digital consent tool is taking a little time to get the hang of it, and we have fed back nationally giving suggestions for improvements. However, we have to follow the national Bikeability funding guidelines and most of it is out of our control.

Teaching children to ride a bike is such a rewarding experience. Cycling is a great way for children to take part in physical activity, but it also gives them independence. Some of the children have been giving our instructors feedback:

Cycling is so calming!

All of my friends ride so I wanted to learn too

I love to ride a bike!



FREE Adult Sessions

Do you have any staff or parents that don't know how to ride a bike?

Do you have any staff or parents that need a small bike fix to get them going again?

Do you have any staff or parents that can ride a bike, but would like more confidence to ride on the road?



If so, we have a small amount of free sessions left from the Summer Big Bike Revival. Please contact Claire or Sharon to book a session of learn to ride, a guided ride or a bike fix for adults.