

SPORTSHALL ATHLETICS



EVENT / SPORT	Sportshall Athletics
DATE	Wednesday 30 th November 2023
TIME	10:00 – 14:00
VENUE	Eston Leisure Centre
School Games Value	SELF BELIEF
INTENT	Physical Me
LEARNING OUTCOMES	• Striving for excellence • Be the best version of yourself • Develop perseverance
What type of children would we like to engage in this experience?	
AGE GROUP	Years 5 & 6
GENDER	Boys & Girls
TEAM / GROUP SIZE	Teams must have a minimum of 9 Girls & 9 Boys / maximum of 15 Girls & 15 Boys.
ADDITIONAL INFO	Open to all Year 5 & 6 competitors who are confident athletes, as an understanding of the different events is required. Please complete & return the attached team sheet in advance.
Full Event Details	
EVENT TYPE	Open Pathway
EVENT FORMAT	EVENT FORMAT: Schools can bring one team of boys & girls. Individuals should know which event they are participating in and for field events which number competitor they are - 1, 2, or 3. They may compete in a maximum of two track and two field events. TRACK EVENTS: • 1 + 1 Lap Relay • 2 + 2 Lap Relay (2 Boys & 2 Girls) • 6 Lap Paarlau • Obstacle Relay • Over / Under Relay (4 Boys & 4 Girls) • 4 x 1 Lap Relay FIELD EVENTS: (Each Require 3 Girls & 3 Boys) • Chest Push • Standing Triple Jump • Soft Javelin • Speed Bounce • Standing Long Jump • Vertical Jump TEAM / GROUP INFORMATION: • Schools to bring a minimum of 9 Girls & 9 Boys / a maximum of 15 Girls & 15 Boys. • OVERALL WINNERS WILL REPRESENT THE PARTNERSHIP - The schools with the best performances from across the day will progress to the next round representing Redcar & Eston at the Tees Valley Final.
VENUE INFO	This event will take place indoors within a busy sportshall so may be noisy. Everyone needs to wait for races to finish before moving around the sportshall. Schools will be sat on a section of tiered seating. Facilities on site are open to the public.
EQUIPMENT	No equipment required.
WHAT'S NEW?	The schools with the best performances progress to the next round – Tees Valley Final.
NO SPECTATORS	Sorry no spectators at events this year.