

# FUNDAMENTAL MOVEMENT SKILLS FESTIVAL



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| <b>EVENT / SPORT</b>                                                     | Multi-Skills Festival                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| <b>DATE</b>                                                              | Thursday 28 <sup>th</sup> September 2023                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| <b>TIME</b>                                                              | AM (09:45 – 11:30) or PM (13:00 – 14:45)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| <b>VENUE</b>                                                             | Redcar College                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| <b>School Games Value</b>                                                | <b>DETERMINATION</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| <b>INTENT</b>                                                            | Healthy Me                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| <b>LEARNING OUTCOMES</b>                                                 | <ul style="list-style-type: none"> <li>• Improve throwing &amp; catching skills</li> <li>• Improve balance &amp; stability</li> <li>• Try your best</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| <b>What type of children would we like to engage in this experience?</b> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| <b>AGE GROUP</b>                                                         | KS1 - Years 1 & 2                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <b>GENDER</b>                                                            | Open                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| <b>TEAM / GROUP SIZE</b>                                                 | Schools can bring 1 class / approx. 30 participants.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| <b>ADDITIONAL INFO</b>                                                   | All abilities welcome – this event is aimed at all Year 1 & 2 children, trying to engage them in an active lifestyle and develop key skills such as locomotion, stability and object manipulation.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| <b>Full Event Details</b>                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| <b>EVENT TYPE</b>                                                        | Festival                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| <b>EVENT FORMAT</b>                                                      | <p><b>EVENT FORMAT:</b><br/>Non-competitive event aimed at encouraging participants to try new sports and activities. Focussing on a range of different activities aimed at improving fundamental skills, such as locomotion, stability and manipulation, school groups will rotate around a series of different activities and games.</p> <p>Secondary School Sports Leaders, with the support of RESSP Staff, will explain and demonstrate each of the activities. All activities will be set up in advance and all equipment provided – sports leaders will lead the activity with the support of your sports leaders (if you have any) and school staff.</p> <p><b>TEAM / GROUP INFORMATION:</b></p> <ul style="list-style-type: none"> <li>• Schools can bring a full class or up to 30 children from across KS1.</li> <li>• Schools are welcome to bring a couple of Year 5 / 6 Sports Leaders to support.</li> </ul> |
| <b>VENUE INFO</b>                                                        | This event will take place outdoors on the 3G pitch and activities will be set up across the whole of the space. School groups will stay together as you rotate around the activities. Toilets will be open, inside the college building - Please bring adequate staffing to support your school group and supervise toilet trips.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| <b>EQUIPMENT</b>                                                         | No equipment required. As this event is outdoors please bring suitable clothing & footwear.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| <b>WHAT'S NEW?</b>                                                       | <b>To increase the amount of space and duplicate activities to allow for smaller groups, this event is now taking place outdoors on a 3G pitch.</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| <b>NO SPECTATORS</b>                                                     | Sorry no spectators at events this year.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |