

FUNDAMENTAL MOVEMENT SKILLS FESTIVAL



EVENT / SPORT	Multi-Skills Festival
DATE	Wednesday 21 st February 2024
TIME	AM (09:45 – 11:30) or PM (13:00 – 14:45)
VENUE	Eston Leisure Centre
School Games Value	HONESTY
INTENT	Healthy Me
LEARNING OUTCOMES	• Try lots various locomotion, stabilisation and manipulation skills • Develop their movement skills • Try to be the best you can
What type of children would we like to engage in this experience?	
AGE GROUP	KS1 - Years 1 & 2
GENDER	Open
TEAM / GROUP SIZE	Schools can bring 1 class / approx. 30 participants.
ADDITIONAL INFO	All abilities welcome – this event is aimed at all Year 1 & 2 children, trying to engage them in an active lifestyle and develop key skills such as locomotion, stability and object manipulation.
Full Event Details	
EVENT TYPE	Festival
EVENT FORMAT	EVENT FORMAT: Non-competitive event aimed at encouraging participants to try new sports and activities. Focussing on a range of different activities aimed at improving fundamental skills, such as locomotion, stability and manipulation, school groups will rotate around a series of different activities and games. There will be different activities at each Fundamental Movement Skills Festivals each half term. Secondary School Sports Leaders, with the support of RESSP Staff, will explain and demonstrate each of the activities. All activities will be set up in advance and all equipment provided – sports leaders will lead the activity with the support of your sports leaders (if you have any) and school staff. TEAM / GROUP INFORMATION: • Schools can bring a full class or up to 30 children from across KS1. • Schools are welcome to bring a couple of Year 5 / 6 Sports Leaders to support.
VENUE INFO	This event will take place indoors within a busy sportshall so may be noisy, as activities will be set up across the whole of the space. School groups will stay together as you rotate around the activities. Toilets will be open - please bring adequate staffing to support your school group and supervise toilet trips as the building will be open to the public.
EQUIPMENT	No equipment required. Due to limited space within the sportshall please keep belongings to a minimum where possible e.g. coats / water bottles.
WHAT'S NEW?	To increase the amount of space available, the number of schools attending will be capped and places will be allocated on a first come first serve basis. Should the 21st Feb reach capacity, an extra date will then be offered to those schools on the waiting list.
NO SPECTATORS	Sorry no spectators at events this year.