

DANCE & GYMNASTICS FESTIVAL



EVENT / SPORT	Dance / Gymnastics
DATE	Thursday 9 th November 2023
TIME	AM (09:45 – 11:30) or PM (13:00 – 14:45)
VENUE	Eston Leisure Centre
School Games Value	SELF BELIEF
INTENT	Physical Me
LEARNING OUTCOMES	• Trying your best • Believing you can succeed • Improved balance & agility
What type of children would we like to engage in this experience?	
AGE GROUP	Years 1 & 2
GENDER	Open
TEAM / GROUP SIZE	Schools can bring 1 class / approx. 30 participants.
ADDITIONAL INFO	All abilities welcome – this event is aimed at all Year 1 & 2 children, trying to engage them in an active lifestyle and develop their coordination, balance and agility through more creative ways of being active.
Full Event Details	
EVENT TYPE	Festival
EVENT FORMAT	EVENT FORMAT: Non-competitive event aimed at introducing children to dance and gymnastics through a range of fun activities, promoting and engaging them in an active lifestyle. School groups will rotate around a series of different activities focussed on improving their balance, coordination, agility, rhythm and artistic skills. Secondary School Sports Leaders, with the support of RESSP Staff, will explain and demonstrate each of the activities. All activities will be set up in advance and all equipment provided – sports leaders will lead the activity with the support of your sports leaders (if you have any) and school staff. TEAM / GROUP INFORMATION: • Schools can bring up to 30 participants across Years 1 & 2. • You are welcome to bring a couple of your Year 5 / 6 Sports Leaders to support.
VENUE INFO	This event will take place indoors within a busy sportshall so may be noisy, as activities will be set up across the whole of the space. School groups will stay together as you rotate around the activities. Toilets will be open - please bring adequate staffing to support your school group and supervise toilet trips as the building will be open to the public.
EQUIPMENT	No equipment required. Due to limited space within the sportshall please keep belongings to a minimum where possible e.g. coats / water bottles.
WHAT'S NEW?	NEW event for 23/24!
NO SPECTATORS	Sorry no spectators at events this year.