

TEAM TALK

Redcar & Eston School Sport Partnership CIC Newsletter



Welcome

Welcome to the final newsletter of the academic year. We hope you have all had another fantastic year and are looking forward to a well deserved break.

Summer 2023 takes us to the close of our 18th year in existence. Which has made us realise the journey we have all been on together and how much development work has been done in all of your schools.

We hope this final newsletter of the year gives you a flavour of what has been happening this half term and our plans for the next academic year.

As always if anyone has any questions, ideas, comments or feedback then please do get in touch. We are always striving to improve our offer and want to work in partnership with your schools.

That only leaves us with the chance to wish you all a very happy and restful summer break. Thank you so much for your continued support to the partnership and we look forward to at least another two years to take us to our 20th year celebrations.

Thank you from the RESSP Partnership Team

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New Events Calendar

Thank you to all of the PE Subject Leaders for your input into our first draft of the 2023/24 events calendar at our planning meeting in June. The calendar is now finalised and has been sent out to schools. As always we will send a reminder out before each half term to encourage schools to make bookings, but we hope this gives you the chance to plan for next academic year. If you have any questions then please get in touch with Katherine Holden directly: katherine.holden@ressp.co.uk

23/24 DRAFT (July 2023)

RESSP COMPETITION CALENDAR 2023/24

2023/24 DRAFT (July 2023)

RESSP COMPETITION CALENDAR 2023/24

AUTUMN TERM 1 (2023)

DATE	EVENT	TIME	INTENT	YEARS	TYPE	VENUE
WED 20 th SEPT	CROSS COUNTRY & FUN RUN	12:30 – 15:00	Healthy Me	3,4,5,6	PATHWAY / FESTIVAL	REDCAR RUGBY CLUB
THURS 22 nd SEPT	SEND MULTI-SPORT FESTIVAL	10:30 – 14:00	Healthy Me	KS2	FESTIVAL	REDCAR COLLEGE
WED 27 th SEPT	SPRIT OF THE GAMES (DETERMINATION EVENT): ORIENTEERING & SCAVENGER HUNT	AM or PM Allocated Start Time	Thinking Me	3 & 4	FESTIVAL	REDCAR RUGBY CLUB
THURS 28 th SEPT	FUNDAMENTAL MOVEMENT SKILLS FESTIVAL 1	AM: 09:45 – 11:30 PM: 13:00 – 14:45	Healthy Me	1 & 2	FESTIVAL	REDCAR COLLEGE
WED 4 th OCT	TAG RUGBY – GIRLS	10:00 – 14:00	Social Me	5 & 6	PATHWAY	REDCAR RUGBY CLUB
THURS 5 th OCT	TAG RUGBY – BOYS	10:00 – 14:00	Social Me	5 & 6	PATHWAY	REDCAR RUGBY CLUB
WED 11 th OCT	TEES VALLEY CROSS COUNTRY	TBC	Physical Me	3,4,5,6	TV FINAL	STEWARTS PARK
THURS 19 th OCT	TEES VALLEY TAG RUGBY FINALS – BOYS & GIRLS	TBC	Physical Me	5 & 6	TV FINAL	MIDDLESBROUGH SPORTS VILLAGE
WED 25 th OCT	LEADERSHIP TRAINING	AM: 09:30 – 12:00 PM: 12:30 – 15:00	Thinking Me	5 & 6	TRAINING	MFC, ESTON

PE Subject Leaders Meetings 2023-24

PE SUBJECT LEADERS MEETINGS 2023-24

SHARING GOOD PRACTICE

Content
Half termly meetings that include an element of information giving for local and national initiatives. The main content is subject leader professional development and there will be some sharing good practice from across the schools.

Who is it aimed at?
Primary PE subject leaders within the Redcar & Eston School Sport Partnership.

Details
Venue: Inspire 2 Learn Centre for every meeting.
Dates:

- Wednesday 13th September 1-3pm
- Tuesday 21st November 1-3pm
- Tuesday 30th January 1-3pm
- Tuesday 12th March 1-3pm
- Tuesday 4th June 1-4pm (AGM too)

BOOK NOW
Email: info@ressp.co.uk

Redcar & Eston School Sport Partnership

An essential part of our partnership working is to upskill PE Subject Leaders, keep them up to date with local and national initiatives and to share good practice between schools, creating a collaborative and partnership working culture.

In 2023-24 we plan to deliver some of the CPD that was requested in the planning meeting for Subject Leaders.

We have set the 2023-24 academic year meeting dates and sent this to all PE Subject Leaders already.

We hope this helps with planning diaries and calendars for next year.

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Secondary Sports Leadership

A big thank you to this years' secondary sports leaders who have helped events to run smoothly.

It has been great to see the sports leaders working with the primary schools they attended.

Also, staff have commented on how many of their past pupils are still engaged in sport and have developed as sports leaders.

We look forward to seeing more leaders progressing from primary to secondary.



Spirit of the Games Assemblies



The Spirit of the Games are a great way to teach children about the sportsmanship of PE and sport. It is a great way to link PE to personal development. They illustrate that the values are not only essential in PE and sport but also within lessons and throughout their life.

During the assemblies we are trying to educate the children that we can reward them for other things, rather than to just those that win a sports competition.

Thanks to those schools that we have already been in this week, it is such a pleasure to support you with them. We are really looking forward to finishing off the rest of the assemblies next week.

Please let us know if you have any feedback before we design this offer for next academic year.



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PE Premium Reporting

New template out now!

We are as disappointed as you are that it has taken so long for the 2022-23 template to be published, but it was finally released this week.

We had already asked schools to work off the old template and just change the dates. Now this template has been released we have been told you can either cut and paste the information from your old template or if you have uploaded to the website already using the old template then that is fine too.



Please remember that this information needs uploading to your school website by 31st July and it should include the following:

- Amount of funding you have received in 22-23.
- Amount of spend and what it was spent on.
- Amount of money you are carrying over to 23-24 (if any).
- Action plan including the impact.



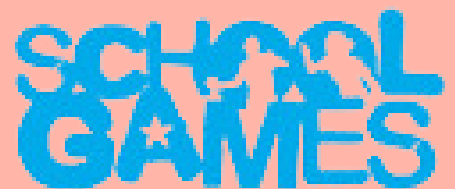
School Games Mark

The School Games Mark (SGM) is a government led awards scheme launched in 2012 to reward schools for their commitment to the development of competition across their school and into the community. Participating in this process allows schools to evaluate their PE provision and assists them in developing an action plan for future progress.

The School Games Mark for the 2022/23 academic year opened on Wednesday 3rd May and will close on Wednesday 26th July 2023. Schools can apply using their login to the www.yourschoolgames.com website.

Currently we have the following schools that have achieved SGM this year:

-  Caedmon Primary - Gold
-  Grangetown Primary - Gold
-  Ings Farm Primary - Gold
-  John Emerson Batty Primary - Gold
-  Kirkleatham Hall School - Gold
-  Newcomen Primary - Silver
-  Normanby Primary - Platinum
-  Riverdale Primary - Gold
-  Rye Hills Secondary - Bronze
-  Whale Hill Primary - Gold
-  Zetland Primary - Gold



PE & School Sport Report 22-23

This report outlines the issues facing young people and the current state of PE, sport and play in schools. In 2022, as part of the development of the Youth Sport Trust's new strategy, the Youth Sport Trust brought together in one place the latest research, evidence and insight on the importance and impact of Physical Education (PE), school sport and physical activity. The 'PE and School Sport Report' highlighted the issues facing children and young people today and reinforced the need to raise public awareness of these issues to inform and stimulate action. The world is changing rapidly, and we need new thinking and solutions if we are to protect and nurture the health and happiness of the next generation.

The Youth Sport Trust made a commitment to publish this report on an annual basis in support of the three objectives of their 2022-2035 strategy: Urgent Action, Generational Shift and Societal Change.

This report will track awareness and attitudes to PE, school sport and physical activity over the next ten years. They hope it will build a true "state of the nation" picture for those working in this space, but also for parents and carers, policy makers and other public influencers who can become changemakers for PE, school sport and physical activity.

For the full report go to: https://www.youthsporttrust.org/media/5bcgx4kh/vst_pe_school_sport_report_2023_final_rev.d.pdf

Why PE, school sport and physical activity matter:

A young person who is physically active and plays sport on a regular basis will have better...



Physical health

- > Cardiovascular fitness
- > Healthy weight
- > Strength
- > Co-ordination
- > Energy levels



Mental health

- > Happiness
- > Resilience
- > Equipped to tackle anxiety and stress
- > Improved mood through release of 'feel good' endorphins



Social wellbeing

- > Less lonely
- > More trusting
- > Improved communication and teamwork skills



Brain function

Evidence shows **being physically active** impacts on progress and achievement. It **improves the brain** by stimulating growth in the part responsible for **learning and memory**. Young people's **ability to concentrate** also improves after physical activity

What is the current state of the nation:

47%

of young people in England are meeting minimum physical activity levels⁴, similar levels are found for Wales³⁰, but data suggests children and young people in Scotland are more active³¹

72%

of parents are concerned that young people are not getting enough physical activity, however, only 43% of parents are aware that children should be active for 60 minutes or more a day³²

54%

of children would like to do more exercise or sport than they are currently doing – an increase from 44% in 2014³³

73%

of teachers are concerned about the physical health of young people in their school³⁴

51%

Over half of parents would support a national campaign to promote the importance of 60 active minutes³²

83%

of parents say that sport and play are an important part of every young person's education and development³²

