

TEAM TALK

Redcar & Eston School Sport Partnership CIC Newsletter



Welcome

Welcome to the first newsletter of 2023.

We kicked off the year with the Tees Valley Primary PE Conference and have since received positive feedback and some great impact stories such as an increase in curriculum PE time, developments of playgrounds to encourage active play, more trips to local parks and a deeper understanding of the importance physical activity has on child development.

We hope to continue the training via our whole staff training sessions. Since Christmas we have delivered training to over 100 staff across the partnership schools aiming for each one to at least make one small change to benefit the activity levels of their pupils. Together we can change children's lives using the power of physical activity.

We hope the newsletter gives you a snapshot of some of the things we have been advocating, delivering and planning. As always if you have any questions then please do not hesitate to contact us.

Thank you for your continued support to the partnership.

Thank you from the RESSP Partnership Team

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New Staff

Two of our new staff are now settling in well to the team. Sarah and Kerry started in September 2022 as Active Travel Instructors. We have recently appointed two more new members of staff, Katherine and Sophie. Katherine will be the new School Sport Officer who will mainly look after events, competitions and festivals but with a wider remit too and Sophie will be out new Partnership Assistant supporting Katherine at the events.

Photos: **1** = Katherine Holden; **2** = Sophie Mulligan; **3** = Kerry Reed; and **4** = Sarah Hutchinson



WARM WELCOME

We have just been successful in attracting funding from the **You've Got This** team to deliver a project called 'Warm Welcome' to community sports and physical activity organisations.

The project is linked to the 'Positive Experiences' work we are already doing in schools, but adapted for the community setting.

We will be working with these organisations about how they advertise themselves, creating a warm welcome video for new starters to watch pre attending, how they pitch their sessions, how they welcome new starters, what they do to make the new starters feel warm and welcome so that they continue to attend.

We realise that taking that giant step to attending a community sport session can be huge for some and we want to make that step so much easier and welcoming.

The project is for organisations aimed at both children and adults and will eventually cover every organisations across the South Tees area and they will all be mapped out.

In February, we will start the pilot phase of the project and will be looking to recruit six community organisations to take part. These organisations will receive a grant for the club for being part of the pilot. Further information to follow.

STAFF TRAINING



Please don't forget partnership schools can book in a whole staff training for their school. This could be to train everyone on Positive Experiences, or how to use Complete PE, or training all Teaching Assistants to support PE, or how to teach life skills through PE etc

We also run central staff training courses. The whole academic year of training is booked in and this is what is coming up before Easter:

- Ready Set Ride - 7th March
- Sportsability - 16th March
- OAA - 22nd March
- Dynamo Cricket - 29th March
- NFL Flag Football - 21st April
- Striking & Fielding Games - 26th April

Please see the full CPD calendar for further information on each.

Events & Competitions



Thank you for the continued support throughout the Autumn term at festivals, competitions and development days.

We hope the children and staff have enjoyed all the events they attended.

We are always looking to develop and improve our events and welcome any feedback to help us move forward.

We look forward to seeing your school at this term's events:

- **Spring Term 1 – Passion** – Balance Festival, Football Competitions Y3&4 / Y5&6 – Girls / Open
- **Spring Term 2 – Honesty** – Fundamental Movement Festival, Net & Wall Development Day, Netball Competition, Playground Leaders Training, Tri Golf Festival

Active Travel

As the weather gets warmer it is now time to start encouraging our children and families to actively travel to and from school. Our Active Travel team offer various training packages for schools:

- Bikeability Training
- Pedestrian Training
- Balance Bike Training
- Learn 2 Ride Training

The team are really busy, but if you haven't made your bookings yet then please contact Sharon Watkins, Active Travel Coordinator directly: sharon.watkins@ressp.co.uk

New projects:

- We are in the process of developing some very short videos for each training package for staff to show their children before they attend any training.
- Four schools are designing and piloting an active Travel reward scheme for their children in the partnership. At the end of the summer we will share these schemes with other schools and possibly roll them out next academic year.
- Air Quality Project - we are looking for a couple of schools to test a new project around air quality at their school with children looking at the data and doing some cross curricular work to encourage their parents to not use their car to get to school. If you want to be involved, please email Claire Tennyson.



#LetGirlsPlay Biggest Ever Football Session

After an incredible summer that saw England become European Champions and inspire the next generation, what better time to #LetGirlsPlay.

On Wednesday 8th March 2023, the Biggest EVER Football Session is back, and this is your official invite to be a part of it!

Whether you are already delivering girls' football in your school or want to take that first step to give girls' equal access, this is one not to be missed.

Get your school signed up now <https://ngx.me/4WmjVln>

What does the day look like?

At lunchtime, in a lesson or after school – you decide! The aim? To get as many girls as possible in school all playing football on the same day!

Whether you want to use Alessia Russo's back-heel and Ella Toone's lob as inspiration or fancy giving the free resources a try – it's up to you.

All they ask is that you register your school, capture your session and shout about it across social media using **#LetGirlsPlay**.



Impact

Over the last couple of terms we have worked with our PE Subject Leaders about the concept of 'Storytelling' and how a compelling story can show the impact we are making across schools. When I say 'we' that is the royal 'we', everyone in the partnership.

Each primary school has received in the region of £18,000 for the last 6 years specifically to make a difference in physical activity, PE and school sport. Some of that funding goes towards the partnership but most stays within the school to develop opportunities for your children and young people. We have an ask of each school to create at least one story by the end of the academic year.

This could be about just one child, a group of children or the whole school.

The story could be presented in writing either by staff or the children themselves, or video format.

It should include your intent, the implementation and the impact (why you did it, what you did and what difference it made).

We will share those stories between schools to help create a culture of sharing so we can try to replicate any successful stories in all of our schools.

If anyone has any questions then please do not hesitate to contact Claire.

