



Redcar & Eston School
Sport Partnership CIC

DEVELOPMENT DAY

More Than Sport

IMPACT ON CHILDREN & YOUNG PEOPLE

Physical Activity Benefits



Development Days help to prepare children with the skills and knowledge for sports specific events. The children will develop the required skills through fun and active games. This will enable them to progress to playing these sports in school and looking to equip them for future competition. Having the knowledge and skills to play will hopefully increase their participation levels.

Develop Life Skills



Development Days are not just about learning the physical and technical skills of a sport but also looking at the social skills. They are developing transferrable skills of team work, communication, resilience, self belief and determination.

Experiences



Development Days give children the opportunity to experience a large scale event in a fun environment. Developing a child's ability through fun activity sessions will help to engage a child's interest, skills and confidence through positive memories.

IMPACT ON SCHOOLS

Development days help to provide the children with sports specific and technical skills to aid their continued development in school over the next few years. Schools get the resources to continue the progression within school and can highlight areas for development. Providing a child with the skills to develop can engage a passion for sport and a sense of purpose within PE. Development days help to build children's confidence, knowledge and understanding of sports and enable them to progress. The impact for schools is children have a sense of belonging, improved mental health, increased activity levels and higher concentration levels.