

TEAM TALK

Redcar & Eston School Sport Partnership CIC Newsletter



Welcome

Welcome to our Autumn Term 2 Newsletter. We hope you all continue to remain safe and well. Thank you for your continued commitment, leadership and support in creating inspiring, accessible and meaningful change for the lives of children and young people.

This half term is always a busy one with the lead up to Christmas. We hope this newsletter gives you a small snippet of what we have been up to and also reminds you to make sure you get involved.

We will be pushing the Santa Dash again this half term. All schools across the country are being urged to do the run on the same date - Friday 10h Dec 2021. Children should be encouraged to do a run around their own school playground or field dressed in Christmas attire (hats, jumpers etc). If you would like to raise money for a charity or your own school funds by doing so, then please feel free. If you do get involved then please share it on social media using the hashtags: #Santasmiles and #Santadash and please tag us in @RedcarEston_SSP.

We hope everyone has a brilliant Christmas break when it arrives.

Thank you and stay safe from the RESSP Team



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PE Deep Dive Preparations

This half term schools have been asking for our support with PE deep dive preparations. As the deep dives into PE become more and more common we want to support the schools with whatever they need to feel prepared.

Each Subject Leader needs to feel confident and competent to understand their subject area enough in their school. They are the leader of that subject. We have been going through some sample PE

related Ofsted questions with each school and identified areas of support. This may be to further develop a curriculum plan, develop an overall intention statement for PE, understand what difference PE is making on their pupils etc.

If any schools that have not taken us up on this support yet, and would like it, then please get in touch. We will support in any way we can.



Level 1 Bikeability



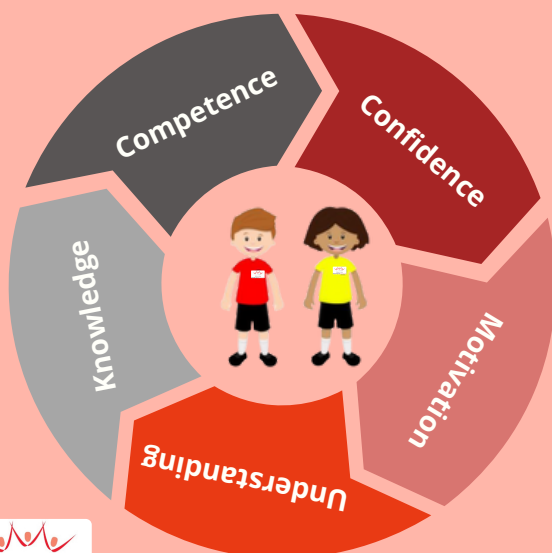
Our Active Travel Team are slowly starting to introduce Level 1 Bikeability to children in Year 4. Traditionally we have delivered level 1 and 2 together to children in Y5 & 6. We feel that offering Level 1 to Y4 pupils will give them some basic skills and knowledge to enable them to practice and master these skills before they reach year 5. Then in year 5 we will expect more children to be confident and competent to be able to ride their bikes on the road and do Level 2 Bikeability.

The aim is to encourage more children to ride their bikes safely and be able to ride their bike to school.

Physical Literacy

When we use the term 'Physical Literacy' we feel confident that schools in our partnership understand the term and its links to children's ability to move.

We are not sure everyone fully understands all five components. These components are key to whether a child enjoys physical activity, PE and sport. So we are doing a big push on it to help raise the awareness, and increase engagement levels.



The five elements are: Physical Competence, Confidence, Motivation, Knowledge and Understanding.

It goes without saying that if a child is physically competent, is confident, highly motivated and knows and understands what they should be doing then they will enjoy doing that something.

What we need to ensure is, that as staff, we really understand this. How do we develop confidence and motivation in our children? How do we make sure they are competent movers and know what to do and when?

Our PE curriculum should be based around all five elements. Our choices of which child goes to which competitive situation and how we prepare them for these competitive situations should be based on all five elements.

External Sports Coaches Working in Schools

Regulations are changing for Sports Coaches working in primary schools. External coaches are those not on your payroll.

The benefit of the Primary PE Premium Funding is that it has given schools the opportunity to increase the opportunities they offer their children. This has therefore seen an increase in the number of sports coaches working in schools delivering after schools clubs etc.

External Sports Coaches will be required to hold a CIMSPA endorsed training certificate from September 2022. This training will be based on endorsed standards. These professional standards will help support the requirement for coaches to demonstrate the knowledge, skills and behaviours to work with this age group and in this environment.

Schools need to make sure that their regular coaches are working towards gaining this accreditation ready for next academic year.

Tees Valley Sport have an endorsed course and the next course in Tees Valley will be in January 2022. For any further information please feel free to contact Claire as she is the tutor.



Spirit of the Games

This academic year, one of the outcomes of the School Games is character development. As a county we have decided to adopt one 'Spirit of the Games' per half term and really focus on supporting schools to develop this value with their children.

Each half term we will send each school a video to be used in classrooms or during an assembly to help kick start the half term.

We will illustrate how this value can benefit the children in PE, in the classroom and at home.

Every school will also receive a resource pack to give them ideas of how to develop this value and also an electronic certificate to enable schools to reward children for displaying this value.

All of our competitions and festivals will have a focus on this value during the half term.

At the end of the academic year we will come to every school to present and give out awards based on these values. (Details about the awards will be given out in January.

Please help us to support your children to develop these life skills.

PE and sport is a great way to develop life and social skills.

