

TEAM TALK

Redcar & Eston School Sport Partnership CIC Newsletter



Welcome

Welcome to our Autumn Term 1 Newsletter. What a great start to the year, we have finally got back to face-to-face events and it has been an absolute pleasure.

We have all been through one of the most challenging periods in recent times. Thank you for the resilience, adaptability and empathy that you have shown over the past year and the continued efforts that have been made to support children and young people to be active and ensure we make a clear and meaningful difference to the lives of even more children and young people at a time when they need it most.

As restrictions continue to ease and COVID-19 becomes a part of our everyday lives, we look ahead to the 2021/22 academic year with excitement and anticipation.

We will continue to work through the PE subject leaders and ensure we support them to have action plans in place for the year, support any curriculum planning and professional development for all staff.

This half term our value has been DETERMINATION and we hope your children are learning what it means to be determined and how they apply this value in PE, in the classroom and outside of school.

If you would like anything further then, as usual, please do not hesitate to contact us.

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Face-to-Face Events

We have kicked off the year with face-to-face events and we have been so pleased with the positive attitudes of staff and children. Across the year we aim to provide different opportunities aimed at the different children's competence, confidence and motivation levels.

This half term we have run the cross country and fun run, the scavenger hunts and the girls and boys tag rugby events.



Kick Start PE Assistants

In September, eleven Kick Start employees starting working for the Sports Partnership. These are government funded 6 month work experience work placements.

The PE Assistants are working in a variety of partnership schools. The aim is to provide these young people with the experience and confidence to get into the job market.

In their first three weeks of working we funded the CIMSPA accredited Coaching Children & Young People course for them. Some managed to pass the qualification and some are still working towards it and will hopefully get accredited before their 6 month placement is completed.

You will see the PE Assistants at our partnership events. Please remember they are new to the working world, we are training them and we really appreciate your support to give them this opportunity.

The eleven staff are at varying different competence and confidence levels, and we hope you agree this is a great thing to do and links very much to our moral purpose.



PE Premium Funding - Action Planning

This academic year we are advising primary school to adopt the national template to action planning for the PE premium funding.

In September we ran a workshop with PE subject leaders on how to complete the template and have offered one-to-one support for those that need it.

We are encouraging each school to really think about the sustainable impact that can be made with the funding, linked to the five key indicators:

1. The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school.
2. The profile of PE and sport is raised across the school as a tool for whole-school improvement.
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport.
4. Broader experience of a range of sports and activities offered to all pupils.
5. Increased participation in competitive sport.

If anyone has any questions on the planning, the funding or evidencing the impact then please get in touch.



Daily Physical Activity

As you are all aware the Chief Medical Officer's guidelines for children aged from 5- 18 years is to do on average 60 minutes of moderate to vigorous physical activity per day. This increases to 180 minutes per day for children under the age of 5.

It is also a key indicator of the PE premium money to engage all pupils in regular physical activity (as shown in the previous article).

The importance of daily physical activity is linked to children's physical development, mental wellbeing, academic attainment and achievement and to combat their chances of getting many long term health conditions. It is not about creating an England footballer!

We will therefore be offering our support to schools that want to do any staff training to improve their offer of daily physical activity and have put a resource pack together to help advise schools.



Active Travel

As a partnership we offer schools the chance to take part in various active travel training programmes: Balance Bike training, Pedestrian training, Bikeability and Learn to Ride. All with the aim to encourage more children to be active and also a great way to travel to school.

Linked to the daily physical activity agenda, we are hoping schools can start to develop an Active Travel Plan for their school, rather than just taking up the training and then not encouraging the children to do something with their newly learnt skills.

Active travel not only encourages children and their families to be more active, but will also help reduce congestion and air pollution around your school.

We have also received a very limited pot of funding to provide FREE Family Bikeability Training. This is for outside of school time, but please ask any interested families to get in touch with us. If you want support with an active travel plan then please do not hesitate to contact us.

