

TEAM TALK

Redcar & Eston School Sport Partnership CIC Newsletter



Welcome

Message from the team

We are in awe of you! You are all definitely the unsung heroes of this pandemic. We appreciate the extra work it takes to teach online, plan for those in school and also prepare information for home schooling.

Physical activity is so important for physical and mental wellbeing. Don't forget to make sure you plan some into your own tight schedules. To get through this we need to make sure staff health and wellbeing is taken care of too. If we can help in anyway then please get in touch.

This month we have continued to support PE subject leaders and staff to encourage children to be active at home, but are also preparing for a changing world where physical activity is more important than ever and how we reinvent some of our services to help children recover. We are also planning for the future with a phased return to face to face training and experiences. We have taken this time to ensure our services make the greatest impact for ALL children and young people and are excited to work in partnership with you all when we can.

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Koboca - Virtual Challenges & Surveys

Designed by Seamless Software, Koboca is a product that allows schools to gather invaluable data and evidence on pretty much anything! Creating surveys or self marking tests has never been easier.

The pre-loaded software comprised of two main elements...

- **Physical Activity Questionnaire:** There are up to 13 questions to establish pupils level of physically activity, their habits and their preferences. It identifies the most popular times for clubs, provides data on sports leadership and volunteering, and highlights which community clubs pupils attend.
- **Nutrition Test:** The nutrition questions were developed by the Nutrition and Childhood Obesity Research Team at Leeds Beckett University.

The partnership have purchased the software mainly for its ability to collect scores and results for virtual competitions and challenges, however partnership schools can use the survey software however they wish.

All primary schools within the partnership are now registered. We can offer support to teachers to use the system and some have taken this up already. The challenges can be delivered in school or at home (with minimal / adapted equipment) and don't take very long. Teachers just need to send a link home. When pupils click on the link, it explains the challenge and then they simply submit their scores.

We are sending out two weekly challenges, but there are plenty of others on the platform to choose from and you can add your own. We are also sending out certificates to schools who have engaged with the challenges. This is based on participation not results. The challenges cover a variety of skills and aim to keep the children active. Congratulations to the schools engaged so far: Coatham, Grangetown, Normanby, Whale Hill and Zetland primary schools.



Facebook:

@RedcarEstonSSP

TEAM RESTRUCTURE

As with most businesses the pandemic has hit us hard. We have therefore taken this time to reassess our team structure and the processes to the way we work. Over the next couple of months we will be restructuring the team, making sure we are working as efficiently as we can without losing any of the quality you have become accustomed to.

Some of our funding has a financial year cycle and we are still waiting for clarification on some of this funding, but have been given assurances that this is only a delay.

Unfortunately, both Lesley Shepherd and Matthew Dunford will be made redundant over the next half term. Both are part of our RESSP family and these decisions have not been taken lightly. We thank them for their hard work, commitment and enthusiasm over the years and wish them both well for their future and hope to work with both of them on a more casual/consultancy basis when we need extra capacity. Please be assured the quality of our service will continue to be our top priority.

Sport England Strategy - Uniting The Movement



Launched this month: A 10-year vision to transform lives and communities through sport and physical activity. www.unitingthemovement.org

We are excited to see that the strategy is about MOVEMENT and not just Sport. Sport England have placed 'tackling inequalities' at the strategy core, but have five big issues they want to address:

1. Recover & Reinvent;
2. Connecting Communities;
3. Positive experiences for children & young people;
4. Connecting with health & wellbeing; and
5. Active environments.

We are pleased to see this new direction and have for a number of years talked about the importance of physical activity and our strap line has been #MoreThanSport for a number of years now.

We are currently working with local partners and other School Sport Partnerships in the county to plan our 2021-2022 roll out and reimagining the School Games for our county to link to the new strategy.

Keeping Active At Home

It is a priority for us to support schools, parents and guardians to help keep children and young people active and healthy at home.

Every Wednesday we send a weekly update to PE subject leaders. This includes ideas for physical education, our virtual challenges for school sport and our next version of the scrap book challenge to promote physical activity and wellbeing. We also include lots of links to useful websites that schools can copy and paste too.

We hope this supports school staff. We have done all of the planning, you just need to send it home or copy and paste the elements appropriate to each year group.

We have been thrilled to see the effects through update emails and via our social media channels.

If you would like further information or have further ideas then please let us know.

GIRLS FOOTBALL

As an FA Girls' Football Schools Partnership – supported by Barclays, we are excited to tell you about the relaunch of the Shooting Stars training that has been lined up for you this spring term. The FA Shooting Stars programme inspired by Disney uses franchises including Incredibles 2, Aladdin and Marvel's Guardians of the Galaxy to tell stories and encourage your girls to think about football as something for them (not just the boys!) They will be inspired to get active with their friends while learning to play football, but outcomes go much wider than this, with the activities designed to



ensure that girls develop key skills such as creativity, problem solving, teamwork and confidence. Training is online consisting of three 90-minute modules with several dates to choose from. Training dates have been emailed to schools.